

**ABSTRACT**

A composition comprising a stable, clear aqueous cleansing phase having stably dispersed and suspended therein particles bearing conditioning agents comprising:

- 5 (a) 2-25 wt % of a high foaming anionic surfactant,  
(b) an amphoteric surfactant, especially in quantities from 0.2 wt % of the composition up to a quantity wherein clarity of the aqueous phase is maintained,  
(c) an effective amount of a viscoelastic enhancing, suspending material comprised of both about 0.4-1.5 wt % of a xanthan gum and about 0.2-1.5 wt % of a guar gum wherein  
10 both said xanthan gum and said guar gum (i) each have an initial transparency of at least 85% and (ii) each have a particle size such that each gum goes through a 250 micron mesh screen, and  
(d) insoluble stably suspended particles having a particle size in the range of about 200-2500 microns and which bear conditioning agents on and/or inside their surface  
15 which when applied to the skin or hair provides a conditioning effect,  
wherein the clear aqueous cleansing phase has a clarity of less than or equal to 20 Nephelometric Turbidity Units and all amounts are based on the weight of the total composition.